

## Pastor Rick's 34<sup>th</sup> Annual EASTER SURVEY

Which of these three problems do you think are the most common sources of stress people are facing right now?

(check three)

- ☐ Time stress
- ☐ Work stress
- ☐ Marriage stress
- ☐ Parenting stress
- ☐ Financial stress
- ☐ Information overload stress
- ☐ Physical health issues
- ☐ Emotional or personal thoughts issues
- ☐ Other: \_\_\_\_\_

Check all that apply:

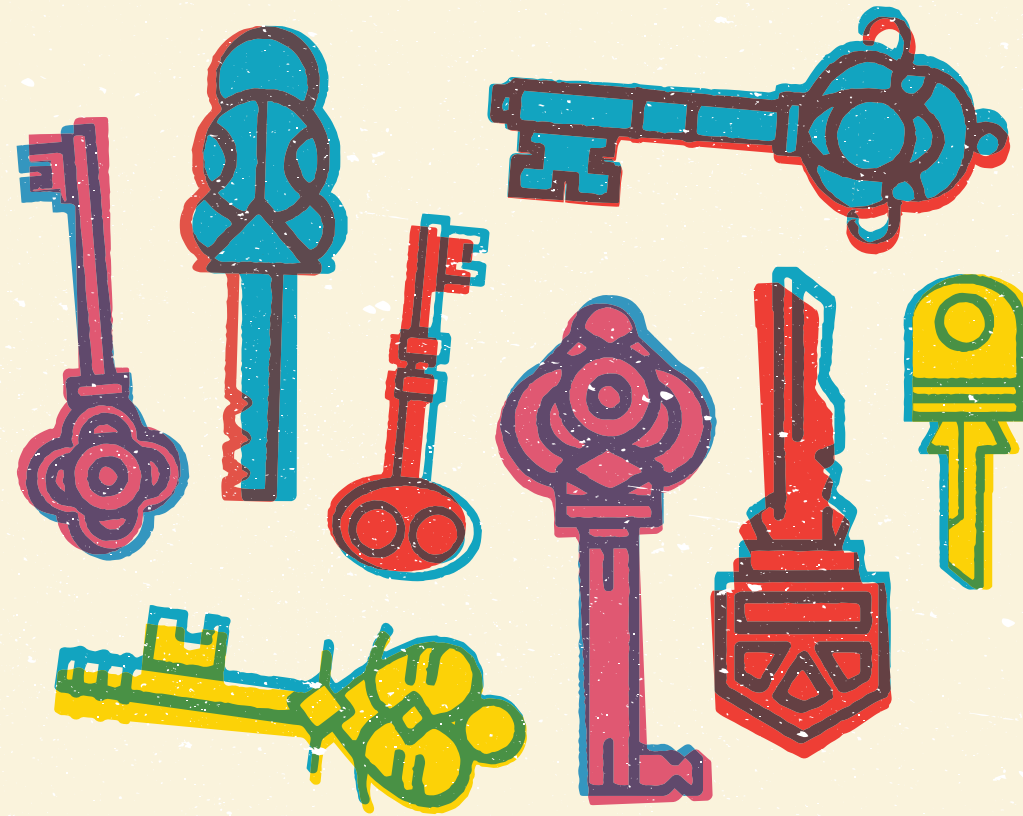
- ☐ I'd like to receive Pastor Rick's *Daily Hope* inspirational email.
- ☐ I'd like to receive info about Pastor Tom's *DriveTime Devotions* (audio).
- ☐ I'd like to receive Saddleback's weekly eNews.

The Saddleback campus I'm attending is:

(check one)

- |   |  |
|---|--|
| <input type="checkbox"/> Anaheim (at the Grove) | <input type="checkbox"/> Laguna Woods      |
| <input type="checkbox"/> Berlin                 | <input type="checkbox"/> Lake Forest       |
| <input type="checkbox"/> Buenos Aires           | <input type="checkbox"/> Los Angeles       |
| <input type="checkbox"/> Corona                 | <input type="checkbox"/> Online Campus     |
| <input type="checkbox"/> Hong Kong              | <input type="checkbox"/> Rancho Capistrano |
| <input type="checkbox"/> Huntington Beach       | <input type="checkbox"/> San Clemente      |
| <input type="checkbox"/> Irvine                 | <input type="checkbox"/> South Manila      |

NEW SERIES BEGINS APRIL 26/27



## THE KEYS TO A BLESSED LIFE

The Beatitudes have been called the greatest sermon ever preached. In this section of the Bible, Jesus explains the eight keys for having a blessed life. Join us for this new series beginning April 26/27 and learn how you can have peace and fulfillment regardless of your circumstances.

[SADDLEBACK.COM/BLESSEDLIFE](http://SADDLEBACK.COM/BLESSEDLIFE)

## ONE CHURCH FAMILY, MANY LOCATIONS

**ANAHEIM (AT THE GROVE)**  
2200 East Katella Avenue  
Anaheim, CA 92806  
United States

**CORONA**  
Santiago High School  
1395 Foothill Pkwy  
Corona, CA 92881

**HUNTINGTON BEACH**  
Ocean View High School  
17071 Gothard St  
Huntington Beach, CA 92647

**IRVINE**  
Northwood High School  
4515 Portola Pkwy  
Irvine, CA 92620

**LAGUNA WOODS**  
Clubhouse 5  
Laguna Woods, CA 92637  
949.609.8574

**LAKE FOREST**  
1 Saddleback Pkwy  
Lake Forest, CA 92630

**LOS ANGELES**  
6215 Sunset Blvd  
Los Angeles, CA 90028

**RANCHO CAPISTRANO**  
29251 Camino Capistrano  
San Juan Capistrano, CA 92675

**SAN CLEMENTE**  
1311 Calle Batido  
San Clemente, CA 92673

**BERLIN**  
HomeBase Lounge  
am Potsdamer Platz  
Köthener Str. 44, 10963  
Berlin, Germany

**BUENOS AIRES**  
BA SOHOTEL  
Paraguay 4485 –  
Palermo Soho,  
Buenos Aires, Argentina

**HONG KONG**  
Munsang College  
8 Dumbarton Road  
Kowloon City,  
Kowloon, Hong Kong

**SOUTH MANILA**  
Santa Rosa, Laguna, Philippines  
(Launching July 2014)



## 2014 Easter at SADDLEBACK





**CONGRATULATIONS!** You may not know it, but you significantly improved your health by attending church today.

Doctors and scientists have published a growing body of scientific evidence that starting the habit of weekly worship attendance will cause you to live longer, be happier, and enjoy better relationships.

One Johns-Hopkins University study of over 100,000 people found that attending church every week will reduce your risk of death the following year by almost 50%, and will increase your lifespan, on average, by seven years!

Another study reported in the *Journal of American Board of Family Medicine* was titled “Religious Attendance: More Cost-Effective than Lipitor” because it was found that weekly worship extends your life significantly and promotes greater health.

Multiple university studies have linked longevity, reduced stress, and even personal happiness to weekly church attendance for several reasons:

- Weekly churchgoers manage stress better, especially traumatic changes and tragedies.
- Weekly churchgoers enjoy stronger relational support, especially those connected to a small group.
- Weekly churchgoers are able to maintain healthy habits more consistently.
- Weekly churchgoers find more meaning and purpose in life.

- Weekly churchgoers receive weekly encouragement in defeating negative emotions like worry, fear, loneliness, shame, and discouragement.

So, if you'd like to live longer, be healthier and happier, and enjoy life more, scientific studies suggest you do two things:

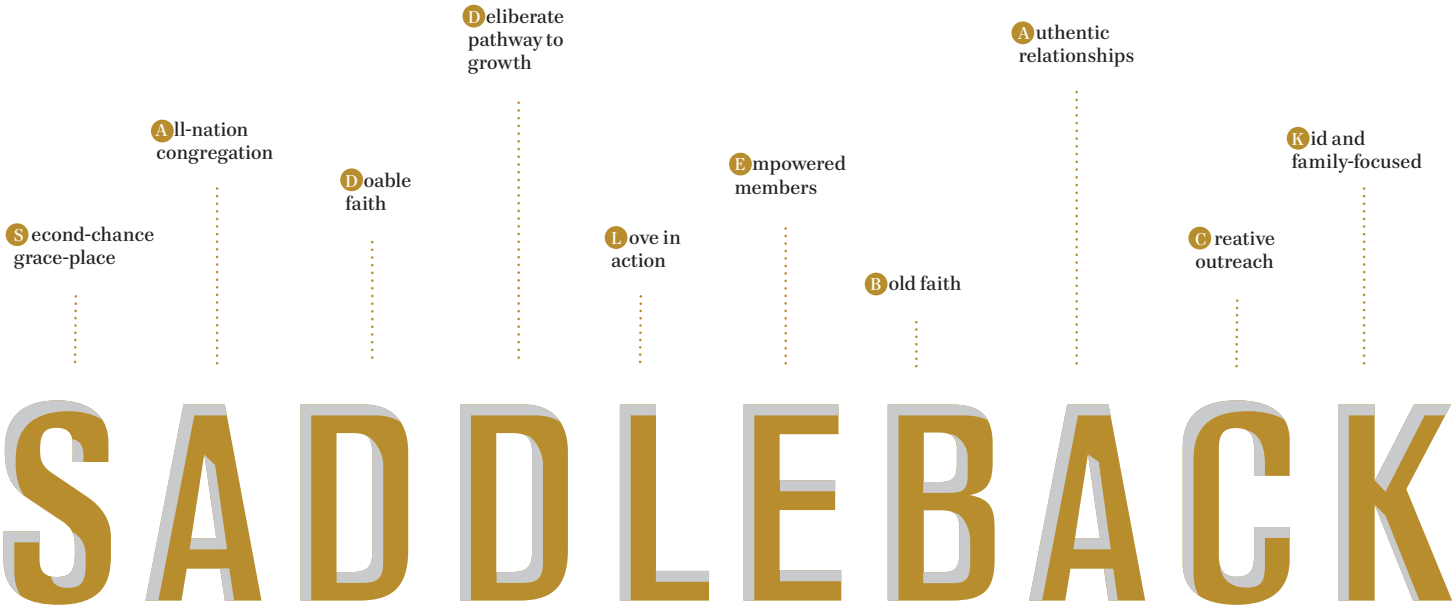
1. Come back next weekend! It's one of the healthiest habits you can start. You weren't designed to go through life without support. Next week, we start a new series on the most healthy and helpful words ever spoken, Jesus' Sermon on the Mount. For eight weeks we'll discover *The Keys to a Blessed Life* from Jesus' wise words on how to enjoy God's blessing on your life, your work, and your relationships.
2. Consider joining a *Saddleback Small Group*. Over 40,000 people participate in our 8,200 small groups that meet in almost every city of Southern California. Ask any small group member about the benefits.

Here's to your health. Happy Easter!

*Rick*

# WELCOME TO SADDLEBACK!

We connect people to Jesus and to each other. Our ten values are summed up in the letters of our name. These values are explained in detail in Class 101, which is offered once a month on Sunday afternoon. Check your local campus for the next date. A notebook and free meal is provided. You're invited!



## SADDLEBACK SIGNATURE MINISTRIES



Saddleback has created seven unique programs we believe God calls us to do in order to serve you and our communities. We train thousands of churches to do these, too.

### PURPOSE DRIVEN

We help people discover God's purpose for their lives. Over 400,000 church leaders worldwide have been trained to use Saddleback's Purpose Driven strategy. [purposedriven.com](http://purposedriven.com)

### CELEBRATE RECOVERY®

Helping people break free from habits, hurts, and hang-ups. Over 25,000 people in our church family, and millions around the world have benefitted from this biblically-based 12-step program. [celebraterecovery.com](http://celebraterecovery.com)

### THE PEACE PLAN

We Plant churches that promote reconciliation, Equip leaders, Assist the poor, Care for the sick, and Educate the next generation. *Locally*, our PEACE Center provides dozens of free services and a food bank to our communities. *Globally*, nearly 20,000 members have served on a PEACE team in 196 nations. [thepeaceplan.com](http://thepeaceplan.com)

### ORPHAN CARE

Children belong in families, not orphanages! We help families adopt, giving both local and international children a loving family for life. [orphancareininitiative.com](http://orphancareininitiative.com)

### THE DANIEL PLAN

Our “Get Healthy” program balances five essentials: food, fitness, friends, faith, and focus. Over 15,000 of our members have lost over 260,000 pounds. Saddleback's book, *The Daniel Plan*, is currently on *The New York Times* bestseller list. [danielplan.com](http://danielplan.com)

### MENTAL HEALTH MINISTRY

We remove the stigma, stand with those who suffer from mental illness, and support their loved ones. [mentalhealthandthechurch.com](http://mentalhealthandthechurch.com)  
**HIV&AIDS**  
We care for and support those living with HIV&AIDS, and their loved ones. [hivaidsinitiative.com](http://hivaidsinitiative.com)

THIS YEAR'S EASTER OFFERING will be used to serve the poor through our PEACE Center and to strengthen our Mental Health Ministry for individuals and families.

YOU CAN GIVE ONLINE to support any of these signature ministries. Your generosity makes a difference in lives! Thank you. Go to [saddleback.com/supporttheseven](http://saddleback.com/supporttheseven)

## MY RESPONSE TO PASTOR RICK'S MESSAGE

Check all that apply:

- ☐ I prayed the Easter Prayer with Pastor Rick at the end of the service. Please send me a free packet on growing spiritually.
- ☐ I want God's blessing on my life, work, and relationships. I'll do my best to attend all eight weekends of *The Keys to a Blessed Life*. When I can't attend, I'll watch online.
- ☐ I'd like to be baptized (or re-baptized as an adult).
- ☐ I'd like information on attending Class 101, which explains the benefits of belonging to this church family.

- ☐ I'd like information on how to start a small group with a couple of friends. (All new small groups will receive a free copy of the *God's Design for Your Life* study).



Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Please put this in the Easter offering basket at the end of the service.